



About Karen Hinds

Karen Hinds is the CEO of Workplace Success Group, bringing over 25 years of expertise in advising C-suite leaders and teams on strategic planning, leadership development, and building workplace cultures. With a client portfolio that includes Fortune 500 companies, Karen's leadership has positioned Workplace Success Group as a global provider of impactful leadership training and strategic consulting. Her work spans organizations such as the United Nations, Caribbean Development Bank, Turner Construction, Avangrid Corporation, and Big Y Foods.

An accomplished author of five books, Karen addresses topics essential to workplace success, including leadership, networking, and professional growth in today's global environment. Originally from St. Vincent and the Grenadines, her journey from the Caribbean to the United States underscores her adaptability and insight into diverse work environments.

Karen's deep understanding of the unique challenges faced by high-achieving professional women—including navigating professional growth, managing work-life balance, and preventing burnout—stems from her extensive experience and personal journey. Seeking clarity and balance, she relocated and embraced a wellness lifestyle driven by the transformative impact of a committed spiritual practice. She now leads several global groups of women in leadership, helping them adopt similar practices to enhance mental well-being, leadership resilience, and personal fulfillment.

In 2024, Karen launched The RENEW Experience for Women, an immersive 3-day retreat held in Palm Beach, Florida, designed to help professional women prioritize mental, physical, and spiritual wellness to elevate their leadership impact. Karen also developed RENEW Learn, an educational platform within the RENEW ecosystem, offering whole-person leadership and personal growth resources to help individuals and organizations thrive.

In recognition of her work, Karen was honored in 2024 by the United Way of Greater Waterbury, Connecticut, for her dedication to community and volunteer efforts.