

Lauren Zuchman is the Executive Director for BeWellPBC and a Licensed Clinical Social Worker. She has more than 25 years of experience developing programs and working with youth, adults and families in specialization areas of mental health, trauma, substance abuse, domestic violence, and crisis management. She is a national trainer for various therapeutic models, regional trainer for the Learning to Lead leadership academy, and has provided clinical supervision and workshops for professionals across the social services field. She has a passion for community organizing and has worked in neighborhoods across South Florida to increase behavioral health awareness, co-design programming with residents to address complex challenges, and promote opportunity for every community member to meet their full health potential. Currently, Lauren is leading the countywide initiative, BeWellPBC, to advance behavioral health and wellness for all children and families throughout Palm Beach County by focusing on shared stewardship, community solutions, and the workforce pipeline.

Lauren is a proud mom, an emphatic University of Florida fan, and an avid traveler.