









2023



"FROM VISION TO REALITY"

#### **MESSAGE FROM THE FOUNDER/PRESIDENT:**

Dear Friends of Rhonda's Promise:

Thank you for helping us keep our promise! It is a pleasure to present our **2023 Annual Impact Report: From Vision to Reality**.

This report was created to share our accomplishments and to thank our donors, sponsors, volunteers, program/event speakers and program/events participants.

During our 2nd year of operation, we were able to launch new initiatives and build on those programs that had already begun, bringing vision to reality.

We could not have done this without the support of our board of directors. Thank you, board of directors, for your leadership and commitment to Rhonda's Promise, Inc.

Finally, this report contains a synopsis of our accomplishments and describes the programs that we successfully implemented in 2023.

We look forward to continuing to keep our promise and bringing new and innovative programs for women and girls in 2024. We know that this vision is attainable – if we work together.

Are you with us?

Best Regards,

Rhonda Mack Rogers
Founder/President



# **About Rhonda's Promise**

Rhonda's Promise, Inc. is a nonprofit organization committed to the success of women and girls located in South Palm Beach County, Florida. Our mission is to help connect women and girls of all stages with resources and skills to enhance their lives through education and life skills. We strive to make the Rhonda's Promise, Inc. the strongest advocate for the women and girls we serve.



### **Our Vision**

Women and girls live in a world where hope is endless, dreams are realized, and promises are kept.

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I like how Rhonda's Promise caters to women and girls of different backgrounds, occupations, religions, and so forth to be empowered in socialization, economic lessons, and receiving mentorship in other areas.





#### RHONDA'S PROMISE 2023: THE YEAR IN REVIEW

#### **December 2, 2023**

2nd Annual Girls Chat Conference served over 120 girls.



#### **November 7, 2023**

Received a Quantum in the Community Grant to serve Senior Citizens (Hurricane preparation kits and education services). This new program will be implemented in 2024 prior to the hurricane season (June 1 – November 30).



#### **December 21, 2023**

Toy Drive (December 21, 2023) – Donated over 50 Toys and Collected \$250 in donations.



#### November 12, 2023

Hosted an Inaugural Hey Sistas Women's Conference for 35 women at the Tealicious Tea House.



#### October 27, 2023



Let's Skate for a Cause – Halloween Fundraiser with over 110 in attendance.

#### **September 13, 2023**

Hey Sistas Mental Health Awareness Virtual Program with Dr. Debbie Manigat discussing self-care and workplace mental health & well-being.



#### July 22, 2023



Launched the Hey Sistas Support Group with a dinner at Prime Catch Restaurant. The speaker was Terri Ferguson.

#### June 25, 2023

Participated in a virtual Health Talk with Sharon Gill – T-Talk. The video is on our YouTube



#### May 20, 2023

Launched the Hey Sistas Program at Olen TV. Mental Health Awareness month.



#### **January 26, 2023**

Kicked the year off with 4th Episode of Rhonda's Promise Resource Table with Brandon Johnson of the United Way Mentor Center – Discuss that January is Mentoring Month.



#### **September 21, 2023**

Hosted a Virtual Workshop
– Probate with Deere Law
Firm (What do you know
about Probate?)



#### July 30, 2023



Celebrated 2nd Anniversary of Rhonda's Promise in front of 55 amazing women at the Tealicious Tea Party.

#### July 16, 2023

Rhonda's Promise is now on Spotify – 5 episodes posted.



#### June 16, 2023



Received a mini-grant from Healthier Boynton Beach in the amount of \$3000 for Hey Sistas Mental Health Awareness program and support group.

#### March 9, 2023

Filmed Episode 5 of the Resource Table Podcast with Wendy Sartory Link, the Supervisor of Elections. Video on our YouTube channel.





# TESTIMONIALS FROM THE 2ND ANNUAL GIRLS CHAT CONFERENCE ATTENDEES:

I enjoyed learning about things I didn't know before.

I enjoyed seeing other young black ladies be there and learn about themselves and engage with others.

I enjoyed learning things that can be effective in the future.

Getting to meet and socialize with new people that may have the same inspirations as you.

I enjoyed how they encouraged us to engage in the activities and asked us our names, what school we attend. And made us meet new people.



## BOARD MEMBERS



Rhonda Rogers
President & Founder



Les Sonja Robinson Vice President



Rosa White Secretary



Zulma Niles Treasurer



Kimberly Allen
Director



Tammy Thomas-Anthony
Director

### ACKNOWLEDGEMENTS

We would like to thank all our sponsors, donors, and individual contributors.

A special shout out to our Programs Title Sponsors: Valley National Bank, Children's Services Council of Palm Beach County, Healthier Boynton Beach, and Quantum in the Community for providing grants for our lead initiatives.

































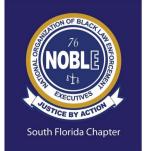














Connecting you to a healthy life.

