

# GIRLS CHAT CONFERENCE

Elevating our Girls to Learn and Excel

SCIENCE

ENGINEERING

MATH

TECHNOLOGY

It's Girls Chat **2.0**  
STEM EDITION



Saturday, December 2, 2023



# GIRLS CHAT



“Celebrate your achievements, no matter how small; they lead you closer to greatness.”



## MESSAGE FROM OUR FOUNDER & PRESIDENT

### Our Promise to You!

Thank you for joining us today for our 2nd Annual Girls Chat Conference 2.0 STEM Edition. This conference is uniquely designed to enhance the lives of middle and high school girls.

I am so excited about this conference and to learn from our workshop presenters. We have already exceeded last year's registration attendance and we are hoping that everyone in attendance will leave with new knowledge, friendships, and connections.

As you leave today, please consider joining our Hope Academy Mentoring Program or serving as a volunteer. We need you and would appreciate your continued support.

Thank you to our Board of Directors and sponsors for making this conference possible.

When we say, "our name is our mission," we mean it, and it is reflected in the dedication of our team and the quality of our community programs.

Thank you,  
Rhonda Mack Rogers, Founder & President



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# CONFERENCE SCHEDULE

9:30 AM – 10:30 AM

## REGISTRATION & BREAKFAST

Opening Remarks: Founder & President  
Fitness Warmup & Meditation

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10:30 AM - 11:15 AM

## WORKSHOPS 1 & 2

Workshop 1: The Art of Effective  
Communication  
Workshop 2: Get Involved

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11:15 AM – 12:00 PM

## WORKSHOPS 3 & 4

Workshop 3: Fun Careers in Science &  
Technology  
Workshop 4: Goal-Getter's Journey: Turning  
Dreams into Reality

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12:00 PM – 1:00 PM

## LUNCH & PRESENTATIONS

Circuit Science by Cox Science Center  
Performance by BAK MSOA Step Team  
Raffle Ticket Drawings  
Closing Remarks

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1:00 PM – 1:30 PM

## CERTIFICATES & SURVEY



**SURVEY**

# LUNCHEON STEM PRESENTATION CIRCUIT SCIENCE



NATASHA ROCHA



DEBRA SAMUELS



Debra Samuels and Natasha Rocha are STEM Educators with the Cox Science Center and Aquarium. They use their STEM skills to educate and inspire students throughout South Florida.

This workshop will feature hands-on activities that show how the flow of electric energy can be controlled through circuits and how we can harness that energy in different ways.

The goals are to learn about circuits and their functions and to create working electrical circuits.

# WORKSHOP SESSIONS

10:30 AM - 11:15 AM

## Workshop 1: The Art of Effective Communication



TYRIELLE JARMÓN  
PRESENTER

The Art of Effective Public Speaking is designed to showcase students with the necessary tools to present, host, or give lectures in their professional career. While public speaking is the number one social phobia that most people have in the world, this lecture will aid in providing 5 key points to help ease this overwhelming fear. During the workshop, you will complete a questionnaire assessing your strengths and weaknesses in creating a profound speech for academic purposes. You will be able to participate in group discussions about better ways to improve public speaking, practice elevator/pitch speeches, and gain confidence when speaking in front of others.

## Workshop 2: Get Involved



BRENDA MORRISON  
PRESENTER

The purpose of this workshop is to show you how to use your voice to be advocates around activities that you are interested in or passionate about to create change for yourself and your community. The objective of the workshop is for you to understand that by developing leadership skills, subject matter knowledge, communication and storytelling skills, networking and having a sense of community, you can be cultivated into advocates at a young age and inspire and empower your peers to do the same. The workshop aims to address a learning goal of encouraging you to leverage the power of your personal experiences, passions and interest to shape the way of life for your community, your peers and the world.

# WORKSHOP SESSIONS

11:15 AM - 12:00 PM

## Workshop 3: Fun Careers in Science & Technology



SONYA O. PRESSLEY  
PRESENTER

The Fun Careers in Science & Technology workshop focuses on career exploration through group activity. After receiving a background and overview, with a short media clip, in groups of 3 to 5 members, you will use technology to showcase an interest and/or skill in science and technology.

The learning objective and goal of the group activity workshop is to:

- Identify fun careers in Science & Tech
- Effectively use technology to research careers
- Stimulate creativity and thoughts of everyday environment and the future
- Nurture presentation, public speaking & teamwork

## Workshop 4: Goal-Getter's Journey: Turning Dreams into Reality



TINU PENA  
PRESENTER

This highly interactive and engaging session, we will embark on a journey to explore the exciting world of goal setting, planning, and time management. Get ready to unleash your inner goal-getter and discover how to turn your dreams into reality!

Learning Goals and Objectives:

1. Unlock Your Inner Potential
2. SMART Goals Unveiled
3. Plan Your Success Path
4. Master Your Time, Master Your Life
5. Overcome Obstacles Like a Champ

# BOARD MEMBERS



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# THANK YOU

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Kyra Perry

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Jasmine Collins

Cheryl Haywood

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Lone Wolf Image

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To The Top Decor

## BRANDING & MARKETING

Kolmio Global, Inc.

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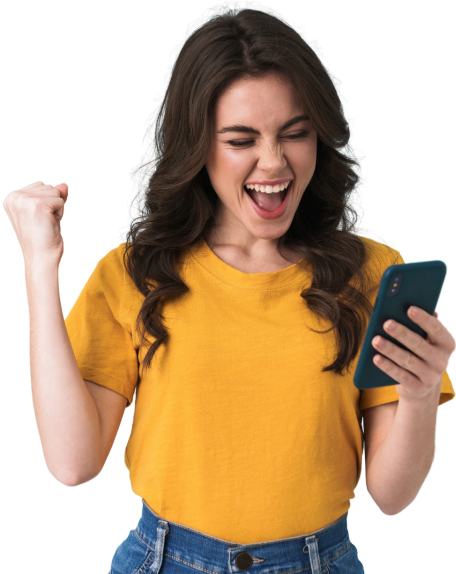
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